



**From the Health Office:  
For the 2018-2019 School Year**

June 2018

Dear Parent/Guardian,

This letter is meant to provide important information regarding the physical and immunizations required by New York State for all students entering 7<sup>th</sup> grade as well as procedures for students who will receive medication at school.

New York State **requires** all 7<sup>th</sup> graders to have a recent **physical exam, a meningitis vaccination** and requests a dental certificate.

**Medications:** It is important to inform the school nurse of any health/medical issues (i.e. allergies/epipen, asthma/inhaler, et al.). If you wish your child to have over-the-counter medication (acetaminophen, ibuprofen, etc.) or if your child requires prescription medication in school, the medication form must be completed by a NY state medical provider and signed by parent/guardian. No medication will be given without a completed medication form. Medication supply (including over the counter) should be brought to the Health Office in the original container. Severe allergy medication must be accompanied by an Anaphylaxis Care Plan.

**Attached** to this email are: a physical exam form, immunization form, dental form, medication form, emergency information form and the anaphylaxis care plan. If your child has already had a recent physical, please forward it to the Health Office. Please return completed forms to the Middle School Health Office **by the first week of school**.

**Modified Sports Program:** Students entering the 7<sup>th</sup> and 8<sup>th</sup> grade may participate. The fall season begins September 6, 2018 for students with completed and approved registration on the Family ID. Online registration will open August 6, 2018. Please direct any sport related questions to Arthur McCormack, Athletic Director (914-269-5491).

**\*\*\* For all sports, a current physical must be on file in the Middle School Health Office. It is preferable that a copy of a recent physical be uploaded onto familyid.com. This will expedite the process.** Once the completed forms are received, the School Physician will review and give the final clearance to every student. Students must register online **each** sports season (fall, winter, spring). The process goes much quicker if the physical is uploaded.

If you have any questions, please call the Health Office. Thank you and have a safe and happy summer vacation.

Thank you,

Middle School Nurse  
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